### Commercial Advertiser

SALISBURY AND OTHERS.

skies, to show Salisbury at his best. | five. Conciliation was not an underscored The American has not yet reached with monor, love, obedience, troops of jonable avenues.

statesman of the Salisbury school, a and elsewhere when people earned nephew of the late Premier, and prom- their living by physical toil. We his chief. It was thought and to a then; but it was eaten, and the habit marked extent feared, that Mr. Cham- of calling for it was passed on to genberiain would come next; but conser- erations of people whom labor-saving vatism held its ground and the safer | machinery or some purely mental ocman went to the front.

### LANTANA.

Prof. Koebele writes from Mexico that if all the insects so far found to lantana and not harm other shrubs or crops.

Prof. Koebele can be trusted to do the right thing in the right way. If he succeeds in getting lantana off of our pasture land the service will be second only to that by which he saved the citrus industry of California from the teen years of his life, three pints of cottony cushion scale. It is inevitable only sustained life, but was able to that, unless our pastures are rescued, perform all the duties of his arduous the prices of milk, butter and meat will profession, go up; and that if they are freed from the lantana, such prices will naturally lated that old Sam Houston of Texas, fall. An enormous area of the most who preserved his vigor to the age of accessible pasturage is now covered seventy in spite of wounds and hardwith a veritable jungle which cannot ships innumerable, lived on oranges. be profitably cleared by hand; but once Think of Couvaro who feasted daily on cleared by nature it will support big half the yelk of an egg. The Moors herds of milch cows.

The progress of harmony in the Demthe control of the next Congress. Mr. Bryan accuses Mr. Cleveland of being a traitor, Mr. Cleveland warns all cannot go to rest with a clear conwith uncommonly bad results to the Calamity Belt.

The stand service of the service of

Fire that a car is as he writhe Sec. inden Kanna neissin part, sef 13 19th.

It is so natural in a man placed as Edward VII now is to worry over trifles that the public need not be surprised at the report that he is uncomfortable over the old predictions that he would never wear the crown. Various clairvoyants and "witches" have brought themselves into notoriety from time to time by such prophecies and in his weakened state the King fears the worst. On that account his doctors are auxious to have the coronation over with. The ceremony has been shortened to one hour and it is possible the King may be able to get through with it some fine morning early next month.

The identical notes on the subject of the fire claims, sent by the Japanese, Chinese and Portuguese ministers, very nearly brought the item in the Deficiency bill past the gauntlet of the Appropriations committee. Had these diplomats pressed a little harder they might have won. From the shape things are taking now, we believe there will be no lack of diplomatic pressure when Congress meets again and that, as a result, the fire bill will be paid, perhaps in full.

General Kitchener quite fills the eye of the world as a soldier who is neither a politician nor a courtier. In these re- the Batang Lubar river, Borneo, to spects he calls to mind General Grant in his earlier days and Sheridan as he fighting man; and so long as he has the flotilla was reduced to 40 boats, owemployment as such he is satisfied. But under no circumstances will be go into politics or become a carpet knight or occurred and hundreds were ill. The court functionary. The British Army has long needed a commander of that nants of the expedition, however, suc-

### OVER-EATING.

The Argonaut has an attractive articie on the three meal habit, in which it urges the need of a greater moderation in eating than is common among Americans and Englishmen. The latter, it is said, are the greater offenders. To read the Banting rules is to stand WHDNESDAY : : : JULY 23 aghast at what, in England, is called a training regimen. Banting actually provides for five lunches and meals The line of great Prime Ministers in per diem. British "moderation" is also England was not broken by Lord Salis- outlined by Sir Henry Thompson bury. It was Prince Bismarck's char- whose work on Dietetics has long been acteristic sneer after the Congress of a standard authority. According to Berlin that Salisbury was a lath paint- this book it is harmful to take more ed to look like iron. The phrase would than four meals a day with four have been true if Lord Salisbury had courses to each meal. Usually the ever let his conciliatory spirit fail into British live on land as people do on weakness and vacillation; but it has board an ocean-going steamship havbeen shown in more than one crisis ing their three meals supplemented by that the successor in Disraeli's bril- a snack on getting up, a five o'clock liant leadership was a man who could tea and a late supper. When King stand firmly for his country. It is per- Edward visited a country house not the city should be settled at once. haps enough to recall the Fashoda inci- long ago the order was for seven sepdent and the sudden front of broad- arate services of food, with cold chicksides when Cleveland's Venezuela mes- en and wine left in the bedroom over others. He set the case for trial July sage and the Kaiser's telegram to night. If put on a dietary the King 14th, and fixed the bail at \$5000, which Krueger brought danger out of clear would probably have come down to

word in Bismarck's lexicon of politics, the five meal habit, unless it be the Always and ever he was the man of sort of one who lives in clubs and kills blood and trop. He kept the peace of himself with kindness. But he sticks Europe by showing that it would be with all his grit to the three meal on the force. dangerous for any power except Ger- habit irrespective of whether he leads many to break it. In domestic politics an active or sedentary life-and he he brooked no opposition; and he ended pays for it in doctor's bills. It is a his career in public life by disdaining matter of scientific verity that the Salina Cruz, on the Pacific side of the the wishes of the Emperor himself. longest-lived people are those who get Isthmus of Tehuantepec, a giant gey-Such a man was so foreign to the tem- just about enough plain food to stay perament of Lord Salisbury that he their stomachs, and that the shortestbed, snarling and disappointed old live, are clubmen and the swagger rich. man; for the other to stay in power We see by the latest New York Sununtil he was ready to leave it and then day Sun that the gout is wreaking it-

The three-meal habit is an inherit-The new Premier, Mr. Balfour, is a tance from the early days in America ises to maintain the great traditions of doubt that so much food was necessary cupation, had rescued from the need of hard work. That the ordinary three meals of the well-to-do toiler is more than he requires or ought to force upon his digestion is a fact which the high cuticle in scales. average of health in prisons illustrates. preying on lantana could be introduced We venture to say that the convicts in here that plant would soon be killed Oahu prison today, men who get just But the Professor adds that he enough to eat and no more, and who will go slow, so as not to send any new work on the streets and in the quarpest into the islands. What he wants ries, are healthier than the same numare insects that will confine themselves ber of free day laborers or mechanics. casually picked from the sidewalks. It is remarkable how little food the human system really needs. Says the

> Medical writers say that a wellknown English physician took as his sole nutriment, during the last six-

This case is not exceptional. It is rewho conquered Spain and would have vited to attend.

By order of Worshipful Master.

C. G. BOCKUS, Secretary. Martel, made their tremendous ocratic party is watched with interest marches and fought their desperate in view of the claims of that party to battles on a single meal, which consisted of a handful of dates. The Romans of their simpler and greater epoch, performed their prodigious tasks on persons that Bryan has left Democrat- two meals per day. It has been shown ic bed and board and Col. Watterson, in our own day, in the case of Dr. while not liking Bryan, says that he Tanner, that a man may go for thirtydays without food and suffer no physscience unless he has branded the Sage ical detriment. John Muir, the hale of Princeton Inn as an office-seeking old California mountaineer and savant, fraud. In the interim a dozen Demo- makes an annual walking trip to the cratic State conventions have given Yosemite and back, eating nothing on Bryan and Bryanism a cold shoulder, the way but dry bread and drinking a little tea. The late C. P. Huntington fierce creatures who still live in the ate bread and milk at banquets and never consumed what is called "a square meal." And at seventy he was a business giant.

For the tropics the lighter the eat- street. ing the better the health. In the Advertiser's first of January edition, the leading doctors of Honolulu coincided in that statement and were also vigor- street ous in their pronouncement against meat. Two meals a day are enough for anybody here and they should not be heavy meals. Those who toll hardest in this country eat little else than rice; those who toil least eat three meals a day with meat and other blood-warming provender at each meal. Experience shows that this habit makes business for the drug stores and doctors, ing on proposed extension of Rapid but to break it is likely to prove a next to impossible task owing to the fetters of custom and the temporary discomfort of making a dietetic change,

## Ravages of Cholera.

LONDON, July 8 .- While Harry de Windt has been undergoing tragic experiences in Siberia, his nephew, Charles Vyner Brooke, son of Rajah Brooke of Sarawak, who married De Windt's sister, has been having a terrible time in the northern part of Sarawak. Dispatches received here from Singapore, Straits Settlements, under yesterday's date, give details of the suffering from cholera of the expedition, said to number 10,000 men, sent up Scarral Hardware, Plants and Olls, Crackery and punish the head hunters. When the expedition, of which Vyner Brooke was a member, started June 10th, it was always was. Kitchener is essentially a composed of \$15 boats. By June 14th ng to desertions and on ac fear of the cholera. By June 19th over a thousand deaths from cholera had intensely hot weather favored the rapid progress of the disease. The remcessfully fought the head hunters.

## MAYOR INDICTED FOR TAKING BRIBES

MINNEAPOLIS (Minn.), July 9 .-The grand jury has returned indictments charging A. A. Ames, mayor of the city; Fred W. Ames, Superintendent of Police, and Joseph (Reddy) Cohen with accepting bribes. The charges are based on the alleged collection of tribute from abandoned women, in which it is charged that Cohen acted for the Mayor and Chief.

When Mayor Ames was arraigned in court this afternoon on two indictments, each charging that he received \$15 for "protection" on certain dates named from the keeper of a house of ill repute his attorney denounced the charges as infamous and trivial, and demanded immediate trial. He urged this further on the ground that it was for the public interest that the charge against the chief executive officer of the city should be settled at once.

Judge Harrison said that the court was no respecter of persons and that the case must take its turn with the

Neither Chief Ames nor Cohen were arraigned. The latter has not been found and is said to be out of the city. The trial of Captain John Fichette of the police force began today. He is charged with receiving \$200 for securing Patrolman Long his appointment

### Earthquake Starts Geysers.

SAN FRANCISCO, July 14.-Near ser has broken out as the result of the heavy earthquakes occurring in that naturally prisunderstood it. It remain- lived people, and those most afflicted section since April 18th last. The big ed for the one to withdraw into a crab- with physical allments while they do column of hot water, rising to a height from among the rocks, and is an object of great interest to the people and to passing vessels, being plainly visible to go woluntarily back to private life self like an epidemic in all the fash- from the sea. It was seen and admired by the passengers and crew of the steamer Newport, reaching port yesterday. The news is brought by the steamer that affairs in Guatemala are becoming normal again, after the ware occasioned by the tremendous earthquakes. The havoc wrought by the disturbances will not interfere with harvesting of the coming coffee crop, as at first anticipated.

> THE REAL CAUSE OF DANDRUFF AND BALDNESS.

At one time dandruff was attributed to be the result of a feverish condition of the scalp, which threw off the dried

Professor Unna, Hamburg, Germany, noted authority of skin diseases, explodes this theory, and says that dandruff is a germ disease.

This germ is really responsible for the dandruff and for so many bald heads. It can be cured if it is gone bout in the right way. The right way, of course, and the only way, is to kill the germ. Newbro's Herpicide does this, and

causes the hair to grow luxuriantly, just as nature intended it should. Lodge Le Progres De l'uceanie.

No. 124, A. & A. S. RITE.

A SPECIAL MEETING OF LODGE le Progres L'Oceanie No. 124, A. & A. S. R., will be held this (Wednesday) evening, July 23, at 7:30 o'clock, in the Masonic Temple.

WORK IN THE THIRD DEGREE. Members of Hawaiian Lodge, Pacific Lodge and visiting brethren are in-

CORD WOOD FOR SALE-Enquire at office U. S. Experiment Station, Capitol building.

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mear Queen street. 5-Store in Orpheum block on Fort

6-Land of the area of one acre, sit-

uated on the corner of South and Halekauila streets, and suitable for storage purposes, or for a building site for warehouses or factory. 7-Building site at Kamoiliili, front-

Transit to Kaimuki, area one acre. 8-Three building lots on Kaaihee avenue and opposite the Experimental Station at Makiki.

9-Taro land at Manoa and Pauoa. 10-Rice land at Aiea, Ewa.

Also other lands suitable for agricultural and other purposes in different parts of this island.

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Glassware King street, makai side, between Nuuanu and Smith streets. Telephone Main 393. P. O. Box 609.

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Newly furnished Rooms, mosquite proof, electric lights, hot and cold water. First-class Table Board,
MRS HANA, Proprietor

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In the ears (how disagreeable they are!) become chronic and cause much uneasiness and even temporary distraction. They are signs of catarrh; other signs are droppings in the throat, nasal sounds of the voice, impaired taste, smell and hearing.

Catarrh is a constitutional disease, originating in impure blood, and requires a constitutional "I suffered from catarrh in the head and

loss of appetite and sleep. My blood was thin and I felt bad all over most of the time. I decided to try Hood's Sarsaparilla and now have no symptoms of catarrh. have a good appetite, and sleep well. I

Hood's Sarsaparilla Cures catarrh of the nose, throat, bowels, &c., removes all its effects. and builds up the whole system.

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In the scrutiny of such applications the following points will receive consideration: 1st-The Borrower.

2nd-The Security as to Title, Improvements, Margin of Protection, etc.

The amount applied for must not be greater than 50 per cent of the value of the security conservatively estimated.

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